

Date: March 16, 2006

NEWS

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ADA COUNTY MAYORS TO DELIVER MEALS ON WHEELS

In recognition of National Mayors For Meals Day, several Ada County Mayors will be delivering Meals On Wheels next week. The Mayors of Garden City, Star, Kuna and Eagle will be showing their support of seniors in their communities and will join thousands of other mayors from across the country in attracting attention to the nutritional needs of seniors.

"We are excited about having these mayors participate in our event." Said Angela Spain, Senior Nutrition program manager at Central District Health. "We hope to raise awareness of the needs of the seniors we serve in Ada County."

Each Mayor will partner with a regular Meals On Wheels volunteer delivery driver to deliver meals in their community. The media are welcome to shadow the Mayors and their drivers.

Garden City Mayor John Evans	Garden City Senior Center 3858 Reed Street	March 22nd 12:00 Noon
Star Mayor Nathan Mitchell	Star Senior Center 102 South Main Street	March 22 nd 11:00 a.m.
Kuna Mayor Dean Obray	Kuna Senior Center 299 Avenue B	March 22 nd 11:00 a.m.
Eagle Mayor Nancy Merrill	Eagle Senior Center 312 East State Street	March 21 st 11:00 a.m.

Meals On Wheels delivers hot, nutritious meals to nearly 600 homebound seniors in Ada and Elmore counties every weekday. For many seniors the daily visit by a Meals On Wheels volunteer is the only human contact they have all day. In addition to delivering meals, the Meals On Wheels program provides these seniors with a daily check on their health and well being.

For more information on the Meals On Wheels program, to become a volunteer driver or make a donation please call the Senior Nutrition program at Central District Health at 327-7460 or visit us online at www.cdhd.idaho.gov.

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